

*The Heavenly Garden
And
the Book of Life*

A Client Story by

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This is an incredibly Beautiful “Life between Life” experience that I (Chris) had during a Quantum Healing Hypnosis Therapy (QHHT) session, it was the first education that I had in the realm of Light before coming to Earth. The very Wise and Lovely QHHT practitioner, Irina Nola has had clients that have gone to many different places within the realm of Light (Life between Life) Irina said, and I quote *“I do not use the term ‘Akashic Library” - but they often see it as a Library, but we had “Garden of Contemplation”, “Gazing Pond”, “Holographic Chamber”, “Computer Room” etc etc.”*

I personally look forward to visiting all of these places and more with my clients but for now I will share my own journey, and although the feeling of being there is impossible to put into words, I could only describe it as the most Awesome and Epic perspective of Perfect Creation ever!! - Enjoy - Chris ([Ras Namaste on Facebook](#))

QHP = Quantum Healing Hypnosis Therapy (QHHT) Practitioner.

QHP: What do you see?

Client: Trees, Sunshine, Fields...

QHP: Are you in a (interrupted)

Client: Light, lots of light seems to be emanating from everywhere... everything... Everything's shining.

QHP: Are you on a different planet?

Client: It is way different yes. It's way different from that desolate... "looking" (still sensed something was there, even in that place)....

QHP: Are you still in the craft?

Client: No, this is nowhere near, you don't need a craft, not in this place, it's perfect Light, Perfect Trees, Light, everything's Light, it's all got Light emanating off of everything, Bright White Light, Shining...

QHP: What else can you see?

Client: Shining Fields and a mist... Just... Incredible!... Everything!!! .. "If you wanted to look, on any angle... I think if I turn around, it might just look as perfect because, everything you look at no matter what way you look at it looks incredible!!!... Light!" ~ (Note: I was completely blown away by the image I was beholding, for even though I carried on speaking about looking around, I could not take my eyes from the image I was seeing and the Loving Awe-struck transfixed gaze I was in, I was not going to turn away from such a sight!, it was as if I was looking into Gods eyes, Perfect Creation! The trees on the horizon appeared stunning poking out of the mist across the meadow and the mountain top behind them against the shining blue sky with beautifully epic clouds, all shining with white light! Its beauty simply took my breathe away, I was AWE-STRUCK!)

QHP: What are you standing on?

Client: Grass.

QHP: Look down at your feet, have you got any shoes on?

Client: (small laugh) Yeah sandals, looks like sandals (side note: for some reason I don't actually like sandals and I am never happy to have anything on my feet that I do not remember choosing, I think the Light was having a joke on me)... It's just a... Looks more like a flip flop (LAUGH) I don't wear flippin' flip flops.. (I like them even less - how bizarre)

QHP: Between your toes flip flops?

Client: Yes, it's a bit of string though, with a flat hard bottom and that's it. (not entirely happy)

QHP: What clothes are you wearing?

Client: Looks like a... (surprised) White robe!

QHP: Do you feel male or female?

Client: Male

QHP: Young or old?

Client: I don't know that that... Is a concept. (here)

QHP: Does the body feel healthy?

Client: Feels light... Feels light...

QHP: Are you glowing also?

Client: Everything here glows... Everything.

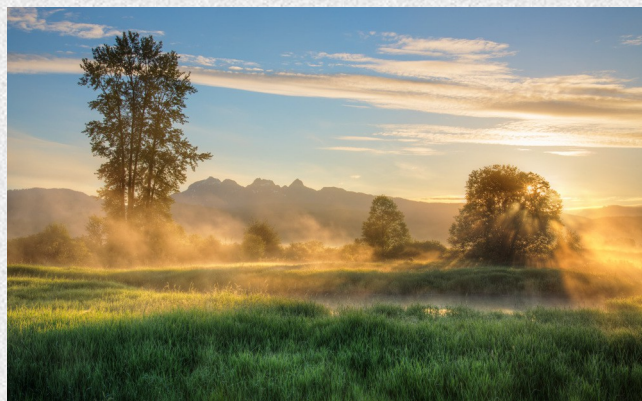
QHP: Are you carrying anything?

Client: A Book, in my left hand funnily enough.

QHP: What's the book about?

Client: (Silence)....

QHP: Do you feel like you belong there?



Client: (Long Pause - Orienting myself in that realm) If I just sit there... Submerge

QHP: Is there anybody around?

Client: There are people but I don't know that it's a seeing thing... I don't know...

QHP: Do the people (interrupted)

Client: You know, you just know somebodies there... I don't know that it's a seeing thing, yeah you could look but you just know anyway. *(I saw 2 people in my minds eye, one to my left & one to my right, they appeared as 2 points of bright white familiar light that made all three of us appear in a straight line with me being in the middle)*

QHP: What are you doing there, with your book?

Client: I'm just sat down... Umm Cross legged... And I've got the book open... (pause) For some reason there's a block... Maybe my mind isn't how I notice, maybe my mind can't comprehend what's in the book because my mind sees nothing!... Like no pages on the book... I think I'm that. (I had not gone to Life yet for any experiences but it did appear also that the future was affecting the past and that's why page pages of the past appeared in the book.. There is after all only one time, "NOW")

QHP: It will become clear, what's in the book?

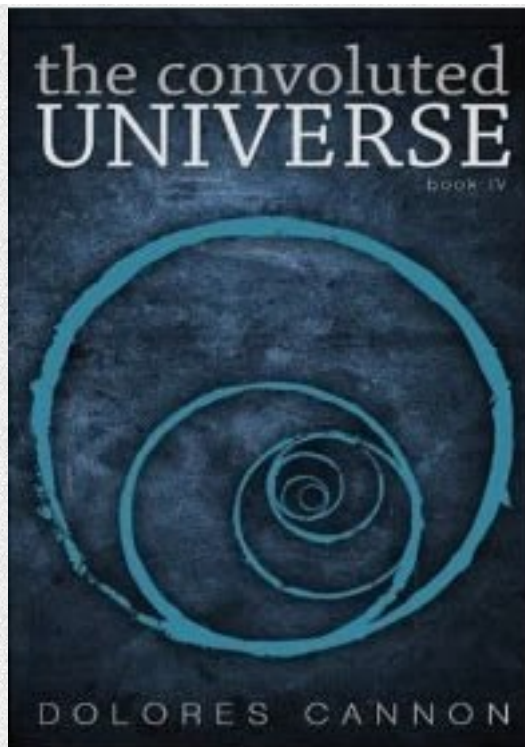
Client: Yes.

QHP: Can you see a picture?

Client: Yeah, I can't seem to make it out though, it's um... I don't know, I'm not sure I can do it... There's writing there.

QHP: There's writing & a picture?

Client: There's writing in the book... I don't know... The pictures got dark... Hang on... Hold on, I don't know, I can't describe it, it's like nothing I've ever seen ever, I don't know what you call that! *(I found out later that it was the picture on the cover of "Convolutud universe book 4 - Dolores Cannon" No wonder I couldn't make the image out, I still don't know what it is, lol - It wasn't even out until December 2011 and it was only October 2011, was I looking at my future?!?)*



QHP: Where are you sat? What's around you?

Client: I'm sat on the grass, in my robes, with the book in my lap, the book's got raggedy edges! And it has got a gold seem but.. The writing & the picture, or that particular picture on that particular page... I'm not sure it's meant to be transmitted in that way.

QHP: Is there anyone around that can help you with the book?

Client: It's like we all got a book, We've all got one... We all got a book, maybe it's unwritten pages, if I flip backwards as well because it seemed like the stuff formed on that page, as I was just going through it. There's words all through it, I think they're all just symbols

QHP: Can you explain what's on that page?

Client: No you just get a feeling in your body, I think it was an experience.

QHP: What are you feeling? What's the Experience?

Client: I don't know, a density or pressure... Yeah... It does something to my head anyway... This physical head.

QHP: Can you get up & move around?

Client: Yup... Yes instantly!, I'm quite light (laugh) "I just shot up in a split second as if I had no body at all!"

QHP: Are there any buildings around?

Client: No need for buildings nope.

QHP: Do you feel like you belong there?

Client: It could be but there's more to learn.

QHP: Where do you go to learn?

Client: To Life..... To Life... To Experience, you go to Life... (long pause) I suppose it's time, not everybody stays.

QHP: What are you doing there then?

Client: Studying, I am studying... I think I was studying how the book is written by each step of life, every step information is recorded into the book, and every time, every second that passed, every millisecond, there's more stuff appearing in the book.

QHP: Is that your book?

Client: I think it may well be yes, I think that's why everybody's got one.

QHP: You should be able to understand your book.

Client: It's an experience. the past was for learning yes.

QHP: Does this book hold every past in it?

Client: Every millisecond is recorded.

QHP: Of every life?

Client: Of every experience... Of every Time, of every segment of time. (Time = Life)

QHP: Is it a very big book?

Client: (LAUGHING) It's the biggest book yeh... It's the biggest! Although it can fit into your hands, it's like an infinite book, it's an Infinite Book! It keeps on growing with more pages but the thing never actually grows any bigger, but when you get all the books together, you can see the "One"

QHP: Where does the book come from?

Client: I think that's... more like a recording device, reeaally, I think the book might be metaphor, I think it's just a recording device.

QHP: And why do you think you were there with your book?

Client: To understand how the recording goes on (*how the future is made manifest*), to see how it's done, to see, to see, to witness how the book is formed itself.

QHP: Are you gaining that knowledge?

Client: The Knowledge was gained, the experience was had, the book was written... The book... Is Infinite... it grows, it's a living book... It could be part of a living tapestry, all the books weaving in & out of one another would form the "Akasha" I guess, a living tapestry of books all interwoven, it'll be the same.

QHP: So you can open your book again, flip back some pages & tell me what you see.

Client: No it's what do you feel? I think it's what you feel & not what you see, the words don't actually mean anything but they are in fact half of the (unrecognisable word and interrupted)

QHP: How are you feeling in that moment in your book?

Client: Very light, very heavy, very energized... I do not know what life powers from... but it's... (*I was feeling that the all pervading energy of the light was emanating from a particular Source or direction*)

QHP: Do you remember the feeling?

Client: It's warm, warm & electric.

QHP: Can you remember that moment? Do you feel that memory?

Client: Yep, you wait for the feeling first, the first feeling is it, you don't read the book, you don't look at the book, you just open the pages and then feel, what's in the book, then you experience the feeling, I suppose if you tuned in to it you could look at it other ways, you could look at it but I'm not sure... You just get it anyway, you could practice focusing by looking at it I s'pose... Symbols would mean NOTHING, um but the FEELING would mean everything.

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